

NEWSLETTER May 2021

# *May Days at Moss Rose Cottage*



**Like this picture it may all seem a little boring right now,  
but beautiful things are about to come to the surface,  
just look at this single rose.**

**Hang on in there with us!**

Hi all,

This month our first huge thank you goes to **Linda Prichard of Glamorgan Voluntary Council (GVC)** who has encouraged and supported us as we apply for our first grant from the Welsh Government's Integrated Care Fund. We hope that our bid will be successful and look forward to buying some much needed equipment such as tools for gardening and cooking if we are. However, top of the list will be a **sociable pool table for our colleagues** to connect over and just enjoy during their breaks. Making conversation whilst taking part in an activity is so much easier don't you think?

Linda also introduced us to her colleague **Janine Richardson** who is going to ensure that our **volunteers** are fully informed and supported and that we are matched with people who have the most appropriate skills for Moss Rose Cottage.

**Jude Howlett from Cardiff's Brain Injury Team** (This serves people in The Vale and RCT too) paid us a visit and gave us some great tips on how to engage with potential colleagues. We are definitely going to act on her suggestion to run a series of smaller 'taster' **open days** as soon as we are able.

More support came from **West Country Case Management** who will consider referring suitable clients to Moss Rose when we are able to accept them.

We had our **first disaster** at the cottage when the ancient boiler packed up and started spraying its contents all over the utility room. Thank goodness for **Stuart Lane's** quick thinking and **Matthew Bolton's** plumbing skills. The new heating system can't come soon enough!

May 21st was **World Meditation Day**. I attended an interesting session on the power of meditation, but what a shame it came after the boiler incident and my other moments of self doubt this month. Thank goodness for **Adam Worthington's** ability to switch seamlessly from Project Manager Mentor to full on professional Guru.

We have finished the month with our second **Directors Meeting** and are very much looking forward to meeting with **Wates** early in June where we can discuss **renovation timescales and opening our doors** fully.

Thanks again for all your support,

*Bern.x*